



## **NSS SEVEN DAYS SPECIAL CAMP**

**Institute: SSIPMT, Raipur** 

**Venue: Village Palaud(Abhanpur)** 

26Feb-03Mar 2020

No. of Participants- 50

#### **A REPORT ON SEVEN DAYS NSS CAMP**

Consecutively for the fourth year SSIPMT continues its tradition of organizing seven days special camp at village Palaud (Abhanpur). This year also the camp successfully began on **26th February**, **2020** with the subject of "NARVA-GARUVA-GHURVA-BAADI".



NSS BANNER 2020 CAMP







Invitation Card for NSS CAMP, SSIPMT 2020

On this occasion Shri Nishant Tripathi, Chairman(BG), SSIPMT and Dr. Alok Kumar Jain, Principal, SSIPMT, Raipur, Dr. Naveen Jain, Member Board of Governors extended their warm wishes to the volunteers on their departure from campus premises.





#### • NSS CAMP DAY 1 (Wednesday, 26 february 2020)

The Inaugural ceremony began at 4:30 pm in the presence of Sarpanch Smt. Chameli Sahu, Upsarpanch Sh.Doman Lal Sahu ,Dr. Alok Kumar Jain,Principal SSIPMT,Prof. Anand Tamrakar Program Officer, SSIPMT ,Ms.Pushpa Manekpuri and other guests from Panch body and village.





Inaugural Ceremony at stage of Govt. School, Palaud Village

With the end of ceremony NSS Volunteers quickly began their preparations for the next day in the discussion of first meeting with Program Officer. Tasks were listed and divided among the volunteers.











Preparations being done by NSS Volunteers with Full Enthusiasm

#### NSS CAMP DAY 2 (Thursday, 27 february 2020)

The second day of the camp began with **Prabhat Pheri** at early morning around 0600 hours. This time also **Singing Ramdhuni and Bhajans** with slognas were a part of Prabhat Pheri. All the NSS Volunteers enthusiastically participated in singing along with Dholak music and all the people of Aadarsh Gram Panchayat Palaud used to come out of their homes to listen the bhajans.



**Prabhat Pheri** 





After returning from Prabhat Pheri a session on Meditation was also done by the reputed Hearfulness Organisation which went upto 0800 Hrs, beginning from 0700Hrs.

The second day was an important day for the whole team. So as soon as Prabhat pheri ended all NSS Volunteers quickly finished off their breakfast and started preparing for the Shramdaan. During this one team left for preparing an area for **GARDEN CULTIVATION** in the premises and few of the volunteers also went to the Primary and Secondary classes and taught the students about:

- Cleanliness and it's importance
- Moral Values
- Personality Development ,and
- Harmful effects of Polyethne /Plastic.

The team of volunteers aanounced about the cultural programs to be held in the evening in the sanskritik karyakram session.

Meanwhile in the teaching session the volunteers also made the students understand theme, "NARVA-GARUVA-GHURVA-BAADI, CHHATTISGARH KE CHAAR CHINHAARI" of this year's camp.

Meanwhile, in the evening Parents of few volunteers also visited the camp to see the daily routine and tasks of the volunters in these seven days. They had their evening breakfasts with the volunteers.

Also they appreciated the work of volunteers under the guidance of Shri Anand Tamrakar.P.O. NSS Cell, SSIPMT. They also visited the kitchen and other areas.





#### NSS CAMP DAY 3(Friday, 28 February 2020)

The day began with Prabhat Pheri followed by Yoga and Meditation session and Shramdan in which all the NSS volunteers enthusiastically took part. Today the main task of students after Breakfast was to prepare models from soil along with Garden Cultivation.

Meanwhile on the same day, a Rangoli Competition was also organised in the premises of Govt. School, Palaud.Simultaneously, NSS logo was also being made by three NSS volunteers.



After the completion of Rangoli competition, guests from Chhattisgarh Police Department came in the Baudhik Satra.

The guests included Sub Inspector Indira Thakur, IUCAW, CG Police with 32 years in service ,ASI Meena Yadav,IUCAW,CG Police and her whole team.





Their major objective was to aware the kids about Good Touch and Bad Touch and also ensured that the girls should get aware of the contact number which they should use without any hesitation in case they feel uneasy or something going wrong with them.













Group Photo with the guests



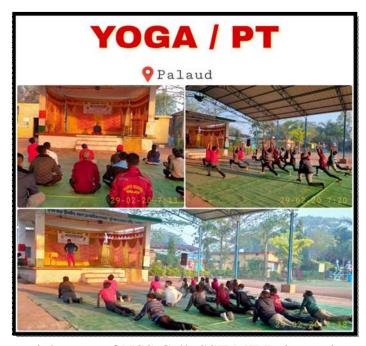
Judgement by Guests on Rangoli Competition





#### NSS CAMP DAY 4 (Saturday, 29 February, 2020)

After Prabhat Pheri at different area of village Volunteers quickly started preparing breakfast and got distributed into different teams for getting engaged in works like Shramdan(Common to all Volunteers).



The seven days special camp of NSS Cell, SSIPMT Raipur witnessed one of its most vibrant days of this year's camp under the theme Narva-Garuva-Ghurva-Baadi and also for the volunteers, today was the platform to showcase their agile behaviour in limited time.

In the fitness & yoga session for volunteers and the volunteers were guided on how to be fit in their daily routine of busy urban life by Fitness Trainer Shri Roshan Sahu Sir.







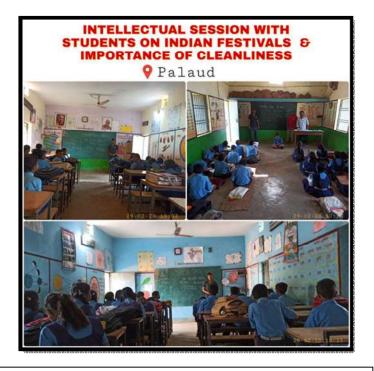
Shramdan and Garden Cultivation

This was followed by a handwriting competition coordinated by volunteers of NSS SSIPMT Raipur.

Thereafter a healthy interactive session on Women Hygiene was done by the girls team of NSS Volunteers led by Ms. Pushpa Manekpuri for the girl students of Palaud village school. In this session the girls students of schools actively participated.







Intellectual Session followed by Handwriting Competition



Games organized by NSS Volunteers





# INTELLECTUAL SESSION WITH DR.RAGHUVANSHI SIR From Shankracharya, Bhilai Observing The Demonstration of The Model Narva, Garva, Ghurva, Badi

Palaud



NSS Team with Dr.D.S. Raghuwanshi Sir

In the evening Dr. D.S. Raghuwanshi, Program Officer, SSGI, Bhilai who have been awarded as best PO at state level. He spent around two hour with the students and saw whatever activities the volunteers have done this time and also appreciated the Models on Narva-Garuva-Ghurva- Baadi and shared his experience of NSS and how personality development of a volunteer changes with social service. He blessed all the students and extended his warm wishes to the volunteers for their future life.





Also guests from Shri Shankaracharya College Raipur, Mrs Sangeeta Kadam, SSIPMT Raipurand Mrs Sandhya Bhattacharya from SSIPS, Raipur visited the premises of camp to have an experience over the daily routine of NSS volunteers and appreciated and were satisfied with their work and how they are managing.



Mrs. Sangeeta Kadam and Mrs. Sandhya Bhattacharya watching the theme model

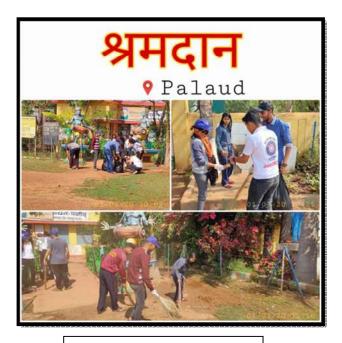
Later on in the evening the team performed enthusiastically in the cultural program.





#### NSS CAMP DAY 5 (Sunday,01 March,2020)

On another vibrant day the team made itself ready for the series of events after having a session of sound meditation to relax their minds, followed by shramdan.



**Shramdan by volunteers** 

After having breakfast the team made itself ready for another new session based on **self defence** which was led by Shri Ramesh Pradhan.He gave the students of village and volunteers some important tips and made them learn some quick moves of mixed martial arts to defend themselves.



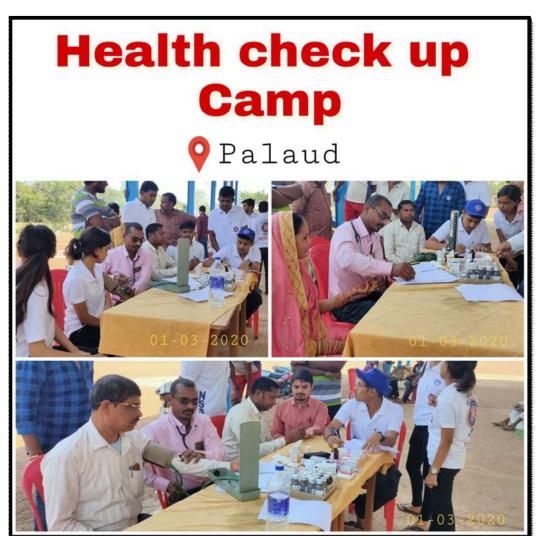


# Session **Defence**

Thereafter, the team for health checkup came there for free check-up of villagers and whoever wanted a free medical checkup. Many visitors came for checkup.







Health Check-Up Camp

Just after this, team from Red Cross Society, Raipur first had an interaction with the students which involved sharing information regarding blood donation, followed by a questionnaire from volunteers and villagers to get rid of the myths which are prevailing in their minds regarding blood donation.

The volunteers of camp also participated in Blood Donation and around 15 units of blood was collected. Seven units of blood was donated by NSS volunteers.





# Blood Donation Camp

Palaud



Meanwhile **Green Army** came as soon as the health check-up team went and they had an interactive session with all the students regarding **Environment and Water Harvesting.** With them, Prof. Navdeep Khare came and had an interactive session with them.







NSS Team with Prof. Navdeep Khare and The Green Army



Honorable Principal sir with NSS volunteers





#### NSS CAMP DAY 6 (Monday, 02 March, 2020)

On the sixth day of the seven days special camp of NSS Cell, SSIPMT Raipur at Aadarsh Gram Panchayat Palaud, the day began with prabhat pheri under its daily routine tradition. It was then followed by Shramdaan and soon in the morning a team of doctors from Ramkrishna Care Hospital, Raipur being led by Dr. Manoj Soni and Dr. Anand Chauhan.

Which gave a **free medical checkup** to all the villagers of all groups of ages and helped them to come over their diseases. The doctors also prescribed the health tests and medicines for respective problems. They were coordinated by a team of NSS volunteers.



A workshop on science and technology was also held in the camp and was led by the students from Shri Shankaracharya College Raipur.





Meanwhile, guests from SSIPMT Raipur, Dr. JP Patra, HOD, Department of Computer Science and Engineering , Dr. Riju Bhattacharya ,HOD, Department of Information Technology ,Prof. Gurudatt Verma,CSE DEPARTMENT, Prof Sunil Dewangan, IT Department, Prof Nitin Jain, Dean Training and Placement, Mr. Jayesh Mishra visited the premises and also saw the Model made by volunteers on the theme Narva-Garuva-Ghurva-Baadi.

### TECHNOCRATS IN THE **CAMP TODAY** Palaud











# Survey on Theme of camp

Palaud



NSS VOLUNTEERS DOING SURVEY IN DIFFERENT WARDS OF VILLAGE PALAUD





They also spent some time with the students and appreciated how they spend their seven days in accomplishing the goal of social adaptivity and harmony along with awareness. They had an interaction over the daily routine of camp volunteers.

# Technical Workshop by students at NSS Camp

Palaud



In the evening the team performed a nukkad Natak(skit) on the main square of village Palaud and spreaded the awareness by the means of skit to the mass.

In the late evening Hon'ble Chairman Shri Nishant Tripathi visited the camp and enjoyed the evening with programs being performed by volunteers and children of village. Also he had dinner with the volunteers and appreciated the efforts of students and also extend his warm wishes to Program Officer Anand Tamrakar and to all the volunteers.





## **Hon'ble Chairman SSIPMT at NSS CAMP**

Palaud







#### DAY 7 (FRIDAY, 22 February 2019) - "CLOSING CEREMONY DAY"

On the 7<sup>th</sup> day of NSS camp,the closing ceremony began with the saraswati poojan by the chief guest palaud sarpanch Smt. Chameli Sahu, Upsarpanch Sh.Doman Lal Sahu ,Purv Upsarpanch Sh. Yashwant Sahu admired the activities of the NSS volunteers. Various members of the Panchayat also gathered in the ceremony to make it memorable. The teaching staff was also invited for the same.



**Beginning of Camp Closing Ceremony** 

After the speech session of all Chief guests, a human chain of Chhattisgarh state Map was formed by NSS Volunteers along with school children in school premises.







**Human Chain formed inside School Campus** 

The closing ceremony concluded with the **momento distribution** to the chief guest.

#### **CERTIFICATE DISTRIBUTION:**

Also the certificate was distributed to the volunteers for their dedicated work in the NSS camp during the whole seven days.

With this all NSS volunteers had their lunch and quickly packed up and one team took the responsibility of keeping all things as it is as they were on the day we arrived.

With this the time came when we had to depart back to college and thus the camp came to an end.





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श्री शंकराचार्य इंजीनियरिंग कॉलेज की एनएसएस इकाई द्वारा आयोजित सात दिवसीय विशेष शिविर का समापन समारोह 3 मार्च को आयोजित हुआ। यह शिविर दिनांक 26 परवरी से 3 मार्च तक था। यह शिविर नरवा 'गरवा घुरवा बारी' पर आधारित था जिसका मॉडल बनाकर प्रदर्शित किया गया।

कि इसमें छात्र-छात्राओं द्वारा आदर्श लिए ग्रीन आर्मी के द्वारा चलाये जाने एवं मॉर्डन ग्राम पंचायत पालोट वाले कार्यों की आवश्यकता को संपूर्ण स्वच्छता संबंधी कार्यक्रम आनंद ताप्रकार ने बताया कि इस स्वच्छता अभियान चलाया



शिविर की प्रमुख विशेषता थी जानकारी,पर्यायवरण को बचाने के नि:शुल्क स्वास्थ्य शिविर का जूडो कराटे की ट्रेनिंग स्वयमसेवको

आयोजन किया गया जिसमें विभिन्न प्रतियोगित में विजेता स्कुली ग्रामवासियों ने बढ़ चढ़ कर हिस्सा बच्चों एवं कॉलेज के खत्रों को विभिन्न परियोजना कार्य में प्रमुखता समझाया गया। कार्यक्रम अधिकारी लिया तथा रेड क्रॉस सोसाइटी द्वारा सर्टिफिकेट बांटे। इस अवसर पर रक्तदान शिविर का आयोजन किया स्कली खत्रों एवं एनएसएस के खत्रों जिसमें स्वयंसेवकों द्वारा गांव मे शिविर में ग्रामीण स्कूली बच्चों को गया ,जिसमे 19 यूनिट का रक्तदान ने मिलकर एक विशाल मानव हुआ। शिविर के छात्रों द्वारा चौक- श्रृंखला बनाकर राष्ट्रीय एकता के गया,महिलाओ पर हो रहे हिंसा से को प्रदान किया गया। इस शिविर में चौराहो पर नुकड़ नाटक एवं प्रति अपनी आस्था को प्रदर्शित बचने और हेल्पलाइन नंबर की रामकृष्ण केयर अस्पताल द्वारा सांस्कृतिक कार्यक्रम के माध्यम से किए।

.मतदान की महत्ता एवं स्वच्छता आदि विषयों पर जागरूकता के कार्यक्रम आयोजिय किये,जिनकी गांववालों ने काफी सराहना किये। शिविर के समापन समारोह के मुख्य अतिथि पलौद के सरपंच श्रीमती चमेली साह जी थी उन्होंने शिविर में किये गए एनएसएस के कार्यों की सराहना किये। इस अवसर पर महाविद्यालय के प्राचार्य डॉक्टर आलोक जैन ने

#### **NSS Volunteers after Certificate Distribution**

NSS Cell of SSIPMT this time too conducted NSS camp smoothly as it always does. We always get a family here and its impact can be seen by the fact that this time too our Alumini Volunteer Chaitanya Verma joined us for four days and actively participated in all activities.

#### NSS CAMP OF SSIPMT, RAIPUR IN HEADLINES

This year the seven days camp of NSS Cell, SSIPMT at Palaud was able to hit the headlines of newspapers like The Hitavada, Dainik Bhaskar, Haribhoomi, Navbharata etc.







**NSS Camp 2020 of SSIPMT in Headlines**